**RHS STUDENT PROFILE**

**Student Name**       **Grade**  **Counselor**

**Student Number**       **Email Address**

Students applying to colleges and universities which required comments or letters from counselors must complete this form. The specific information requested below is required to enable the staff to write the best and most complete recommendations.

* explain any acronyms you use and any programs which may be unknown to the writer
* include information from 9th grade and later
* fill out this form **completely**! Failure to do so will result in a less than favorable recommendation

**Return this form to your counselor as soon as possible.** You may add to this form as needed prior to your senior year**. Please spend time thinking about the questions. Respond accurately, appropriately and thoroughly.** Answer questions in complete sentences.

1. **Which school activities (non-athletic) have you participated in and enjoyed? Describe and indicate dates.**

1. **Did you have a significant role or leadership position in those activities? If so, describe.**

1. **Which sports have you played (including out-of school)? Indicate what, where, when and any leadership positions you may have held.**

1. **Other out-of-school activities (e.g., community service, church activities, scouts, performance/visual arts, tutoring, etc.)? Indicate where and when.**

1. **Work experience (paid and volunteer)? What, where, when?**

1. **Significant or special travel experience/camps? Describe and indicate when.**

1. **Have you earned any awards (e.g. student of the month, honor roll)?**

1. **What are your favorite subjects in school and why?**

1. **Your least favorite subjects and why?**

1. **Do you have any career interests at this time? If so, what are they?**

1. **Do you have any hobbies, special interests, or special talents not mentioned above?**

1. **List your three most distinguished, admirable qualities. Explain each with several sentences, including examples. Think about those aspects of yourself that you would like your recommendation writer to stress.**

1. **Please describe your academic accomplishments of which you are most proud and tell why you take special pride in them.**

1. **What circumstances, if any have interfered with your academic performance?**

1. **Is there any other information you would like to share that perhaps was not covered in your answers to the previous questions?**